

2.1 Training Design – 4days

Session	Contents	Approx. time	Learning objective	Teaching method
I- Introduction –Objectives of the workshop	De freezing for Focused attention & participation Activities under NLEP	30 min	-Focus on leprosy, POD and NLEP -Sensitization about essential aspects	Lecture discussion
Pre-test	Form the selected content	30 min	Assessment of Training needs	Answering questionnaire
II-Epidemiology & NLEP	Distribution, determinants, Transmission of leprosy Objectives, strategy & activities under NLEP	60 min.	Describe the DDT of leprosy	Case study, discussion
III-Pathogenesis & natural history of the disease	Natural history of disease, pathogenesis immunity	120 min	Describe the evolution of the disease	Case study, discussion
IV – Confirmation of leprosy and clinical assessment of PAL	Definitions, History taking, Exam of skin & nerve lesion and its interpretation	240 min	Assess the treatment needs of a given case	Case demonstration- Discussion
Multi Drug therapy	Regimen, advantage Side effect	60 min	Describe MDT Regimen	Lecture Discussion
V – Identification & management of Lepra- Reaction & Neuritis Risk and disability assessment	Causes of nerve damage, NFA, LR Prednisolone- regimen, splints, referral Record findings	120 min	Describe the signs of reaction and prednisolone regimen	Case demonstration- presentation & discussion
VI – Management of secondary impairment – ulcers / deformities	Simple & complicated ulcer, treatment of simple ulcer, referral of complicated ulcer	60 min	Describe signs of complicated ulcer	Case demonstration, lecture- discussion Illustrations
VII - Self Care, POWD, protective aids Counselling	‘Report, protect and exercise’ teaching & monitoring self care & Ulcer care,	60 min	Teaching self care Counselling technique for better patient- compliance on self care	-Case demonstration -presentation discussion -Role play,
VIII- Eye complications	Changes in eye due to leprosy, treatment/referral	120 min	Enumerate & describe eye changes in leprosy	Lecture discussion
IX- Surgery, Referral services	Criteria of selection, indications, motivation, referral centers	60 min	Criteria of selection, referral & follow up of surgery	Lecture discussion
X- Physiotherapy: Pre and post operative care	SSO/ HOPE, muscle exercises, case follow up	60 min	-Significance & steps of pre-post operative care	Demonstration- discussion
XI-S.E. Rehabilitation	CBR, VT, provisions under NGOs and MOSJ & E	60 min	Sensitization, referral, monitoring	Case study, group exercises
XII-IEC, Stigma removal	Communication, IEC-plan, removal of discrimination	120 in.	Sensitization, activities to remove stigma	Case studies, group exercises
XIII– Planning, Supervision & monitoring	On job training, review meetings, feedback, action plan	180 min	On the job training, Write the feedback of a given report, prepare action plan	Group-Exercises

2.2 Training Schedule for Reorientation Training- 2days
(For already trained Medical officers)

DAY 1	DAY 2
Registration (09.00 – 10.00)	Recap of the previous day (09.00- 9.30)
<i>Session - I</i> De-freezing session & Pre-test Introduction & Objectives of the training programme (10.00 – 10.30)	<i>Session - VI</i> Self Care (09.30- 11.00)
<i>Session – II</i> Diagnosis of Leprosy, its classification & MDT (10.30 – 11.30)	<i>Session - VII</i> <i>Counselling</i> (11.00 – 01.30)
<i>Session - III</i> Lepra-Reaction & Neuritis, Clinical assessment of risk status & Disability status of leprosy, Management of Lepra reaction, and NFI (11.30 – 01.30)	
Lunch (01.00-01.30)	
<i>Session – IV (Contd)</i> 01.30 – 03.00	<i>Session – IX</i> Surgical aspects, Referral services Pre and post operative care Community based rehabilitation (01.30- 02.30)
<i>Session - V</i> Ophthalmic complications and their management (03.00-04.00)	<i>Session – IX</i> <i>Planning, Monitoring & Supervision</i> (02.30-03.30)
Management of ulcers & other secondary impairment (04.00– 05.00)	Open discussion POST test Concluding session (03.30-05.00)

2.3 Training Schedule for Orientation Training - 4days
(For newly appointed Medical officers)

TIMINGS	DAY 1	DAY 2	DAY 3	DAY 4
09.00 – 10.00	Registration	Recap of previous day	Recap of previous day	Recap of previous day
10.00 – 11.00	<i>Session - I</i> * De-freezing * Course objectives * Pre-test	<i>Session – VII</i> Management of ulcers & other secondary impairment	<i>Session -XII</i> Self Care Including * Need of self care	<i>Session -XV</i> <i>Planning Monitoring &Supervision</i>
11.00 – 11.30	<i>Session - II</i> *Introduction to NLEP (SLO/DLO) *Quality of Services * Sustainability of services		*Principles of self care * Self care procedures *Training of self care	<i>Session – XVI</i> <i>Field Visit for monitoring And supervision and follow up discussion</i>
11.30– 1. 00	<i>Session – III</i> Epidemiology of leprosy & Pathogenesis & Natural history of leprosy		* Monitoring of self care * Different options available for adopting self care * Aids and appliances requires for self care	
01.00 – 01.30	Lunch			
01.30 – 03.00	<i>Session - IV</i> Diagnosis of Leprosy, its classification and MDT	Continued	<i>Session – XIII</i> <i>counselling</i>	<i>Session – XVII</i> <i>Open Discussion Post Test</i>
03.00 – 04.00	<i>Session - V</i> Identification of Lepra-Reaction Neuritis and its Management			Valedictory session
4.00- 5.00	<i>Session – VI</i> <i>Ophthalmic complications & its Management</i>	<i>Session – XI</i> IEC & Stigma Removal	<i>Session – XIV</i> Surgery aspects, Referral services Pre and post operative care	